

FREE MOVIE SCREENING



Join us for a FREE screening of a film that will change the way you think about food and weightloss:

HUNGRY FOR CHANGE

Sunday 10th January 2013,
7pm.

Foodtown Community Center,
Foodtown Rd, Foodtown.

For more info contact John:
555-1234

Hungry For Change, the latest **'Food Matters'** film, exposes shocking secrets the diet, weightloss and food industry don't want you to know about. Deceptive strategies designed to keep you craving

more and more. Could the foods we are eating actually be keeping us stuck in the diet trap?

The first film in its genre to really empower and provide practical and realistic solutions. Find out what's keeping you from having the body and health you deserve and how to escape the diet trap forever.

Featuring interviews with best selling health authors and leading medical experts plus real life transformational stories from those who know what it's like to be sick and overweight.